

# University of Turabo Gurabo, Puerto Rico Doctoral Program in Environmental Science

## Fluoride in Puerto Rico's Drinking Water: Scientific Evaluation and it's Effect on Public Health

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Course ENSC-907: Medical Geology Seminar

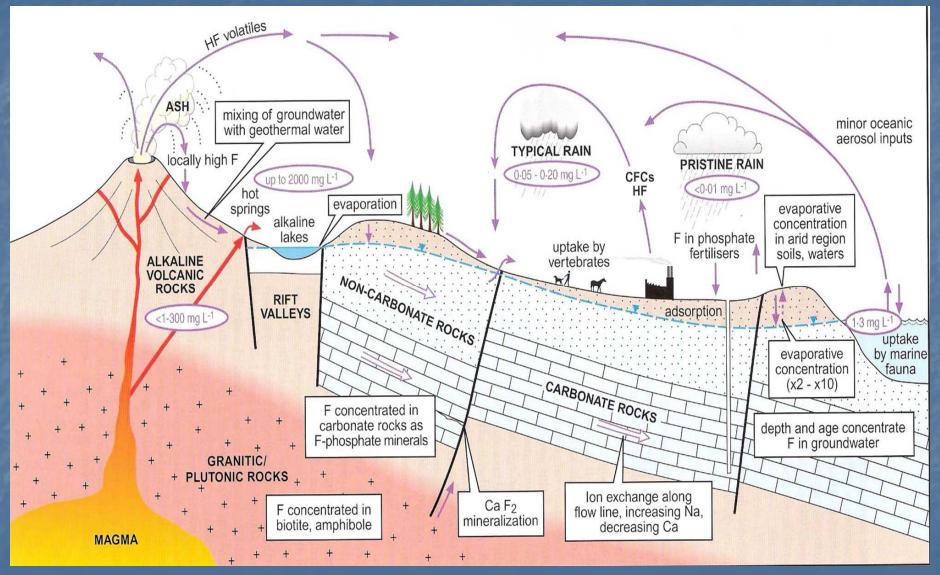
Professor: Dr. Fred C Schaffner

## **Project Summary**



- Research indicates that fluoride causes different types of health problems.
- ➤ International research findings indicate that excessive intake of fluoride leads to the loss of calcium in teeth and bones, thus creating Fluorosis.
- This research introduce the study of the relationship between public health and the quality parameters of water standards of the AAA.

## The Hydrogeochemical Cycle of Fluoride



(Alloway Brian, Selinus Olle, Centeno José A, Finkelman Robert B., Fuge Ron, Lindh Ulf and Smedley Puline, 2005)



## Need of the Research

- The AAA have no analysis concerning the findings of fluoride and its geographical connotations and impact in public's health.
- Law 266 regulates fluoride application in water treatment in Puerto Rico, but the AAA does not have any procedures to incorporate fluoride in the water treatment.
- The population in Puerto Rico does not enjoy the systemic benefits of fluoride in a standard concentration.

# Subject of the Research

- Research the effect of fluoride on public's health when added to drinking water.
- > To identify the fluoride presence in areas where health problems have been associated to it.
- Find any correlation between fluoride and its effects on the population's dental health.
- Relationship between illness and Fluoride levels detected in Puerto Rico's drinking water.



#### **Planning**

- Evaluate the drinking water system against the EPA requirements and identify the deficiencies in fluoride treatment.
- Evaluate the aspects and impacts of environmental process in relation to the treatment of fluoride.
- Review the environmental law and regulations of fluoride treatment in the drinking water systems in Puerto Rico.



#### **Implementation**

- Execute the scientific and research study programs to improve the treatment of drinking water in Puerto Rico.
- Formalize several recommendations about the benefits and negative aspects of fluoride in the environment and public health issues through documentation, research and training.



#### **Implementation**

- ➤ Analyze the existing procedure to determine how will the EPA requirement are to be met.
- > To fulfill legal and regulations requirements at local and federal agencies.
- Contribute with findings to the parties interested in this issue.



#### Revision

- Monitor the accomplishment and improvement if any of the AAA system.
- Conduct internal and external audits to the AAA in order to measure the established procedures from the state and federal agencies.



#### Revision

- Conduct preventive and corrective actions through the process of sampling and collecting data.
- Review our objectives to guarantee that during the implementation process total quality control is being achieved.

# **Expected Results**

- Establish relationships, actions, procedures, and toxic findings in accordance to the existent law and regulations.
- Compare the concentrations of fluoride that can help prevent cavities versus the quantities that can harm the teeth (dental fluorosis), and bones development (skeletal fluorosis).
- Proof that excessive exposure of fluoride causes a risk to the balance between water quality, public health and the environment.

